

Emergency Preparedness

Emergency Survival Kits



Emergencies and disasters can happen at any time. Utilities can be out of service, roads closed, and crucial supplies unavailable. Everyone should be prepared to take care of themselves and their families for up to three days in the event of an emergency or a disaster. For example, it could take that long to clear roads due to a severe winter storm.

Below is a checklist for items that should be in your *Emergency Survival Kit*.

- flashlight and batteries (in case the lights go out)
- radio and batteries or crank radio (so you can listen to news bulletins)
- spare batteries (for radio and flashlight)
- first-aid kit
- candles and matches or lighter
- extra car keys and cash (including coins or cards for a pay phone)
- important papers (identification for everyone, personal documents such as insurance papers)
- food and bottled water
- clothing and footwear (one change of clothes per person)
- blankets or sleeping bags (one blanket or sleeping bag per person)
- toilet paper and other personal supplies such as shampoo, hairbrush, tooth brush and toothpaste, soap, towel and face cloth (one for each person)
- medication
- backpack or duffel bag (or something else to carry the emergency survival kit in, in case you have to evacuate)
- whistle (in case you need to attract someone's attention)
- playing cards, games

More detailed information about Emergency Survival Kits can be found on the Emergency Management Ontario website:
www.ontario.ca/emo.

